

TANZANIA

LOCATION

The United Republic of Tanzania is located in eastern Africa on the Indian Ocean between Mozambique and Kenya and includes the island of Zanzibar. The largest city, Dar Es Salaam, is located along the eastern coast on the Indian Ocean. The terrain includes coastal plains, a central plateau, and highlands in the north and south. It is home to Mt. Kilimanjaro (the highest point in Africa), Lake Victoria (the second largest lake in the world), and the Great Rift Valley.

Population: 49.285 millions

Capital: Dodoma



VISA AND PASSPORT

A visa and a Canadian passport valid 6 months after return are required to enter Tanzania. SUBJECT TO CHANGE. For accurate information on obtaining the visa, please consult the Foreign Affairs and International Trade Canada at: www.travel.gc.ca and www.tzrepottawa.ca.

TIME ZONES

GMT + 3

LANGUAGE

More than 37.1 million people live in Tanzania. Kiswahili or Swahili (Kiunguju in Zanzibar) and English are the official languages; Arabic and numerous other local languages are spoken as well.

CURRENCY

The local currency is the Tanzanian Shilling (TZS). Well known credit cards are widely accepted. USD \$ are accepted at the hotels and lodges and for tipping.

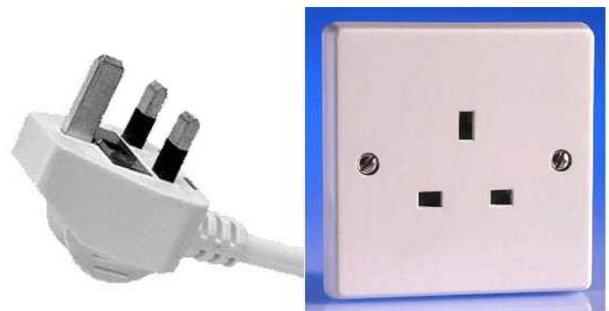
ELECTRICITY

Electric power is 230V running at 50Hz.

CLIMATE

Because Tanzania lies below the equator, the coolest months occur during the northern hemisphere's summer, and all-year round the weather remains pleasant and comfortable. Between June to October, temperatures range from around 10°C in the northern highlands to about 23°C on the coast. On the plains and the lower-altitude game reserves, the temperatures from June to October are warm and mild. On the coast, these months are some of the most pleasant to visit, with balmy, sunny weather much of the day and cooling ocean breezes at night.

From December to March, the days are hot and sunny with often not a cloud in the sky. Temperatures range



from the mid-twenties to the low thirties throughout the country while visitors flock to the parks and beaches to escape the dreariness of late winter in colder climes.

SHOPPING Tanzania is the world's only source of tanzanite, a semi-precious stone found in the open mines around Arusha. The stone comes in three grades, 'A', 'AA', and 'AAA' - 'AAA' is the highest quality. Responsible tourism entails refraining from supporting trades or services that do harm to the people or the environment, and travelers to Tanzania should be very aware its importance. Please avoid purchasing wildlife products such as ivory and skins as the market created by these purchases encourages poaching and terrible injuries to the animals themselves. Removal of coral, shells from turtles or any other kind of marine animal also causes a tremendous upset to the balance of marine life which is more often than not impossible to correct. Wood carvings too, should be checked to ensure that the material comes from a renewable, sustainable source.

TIPPING

Tipping is not included and is completely at your own discretion. Our general recommendation is to tip moderately. Below is just a guideline for tips per person:

Safari

- 10% of your bill at restaurants
- \$USD 1 to porters
- \$USD 10 per day for driver/guide

Kilimanjaro Trek

Although tips are optional, and should depend on the level of service provided, we would like to point out that tipping is customary in Kenya and Tanzania. Our detailed pre-trip briefing advises you on tipping for your particular trek but, as a rough outline, you should allow for the following per day on the mountain:

- \$USD 12 - 15 per day for guide
- \$USD 08 - 10 per day for assistant Guide
- \$USD 06 - 07 per day for cook
- \$USD 05 per day for Porters

HEALTH

Visitors arriving from yellow fever and cholera infested areas must have a valid vaccination certificate. Please bear in mind that you may require the vaccine if you travel to multiple destinations in Africa. Malaria is rare in the highlands but prevalent in the hot and humid low altitude areas around the coast, lakes and grasslands. Prescribed dosage of Malaria Prophylactics is recommended. We recommend you to carry an insect repellent. It is safe to swim in the sea and swimming pools but NOT in lakes, rivers and open reservoirs as they may be infested with bilharzias parasites. Drinking water from these places is not advisable. Drinking bottled water is recommended. Travel insurance is highly recommended.



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For further information, visit the official tourist board website of Tanzania: www.tanzaniatouristboard.com