

EASTERN SPIRIT
14 DAYS / 13 NIGHTS



Venture into the south-eastern corner of Canada and you embark on a whirlwind adventure discovery that is sure to delight all your senses. From the urban energy of Toronto, you'll travel to the world-famous Niagara Falls. Seeking adventure across rural Ontario, you'll encounter Kitchener and the inspiring 30,000 Island region. The nation's capital calls next, and you'll soon uncover its distinct English and French cultures. Travelling further east, you'll enter Quebec via the Laurentian Mountains, relishing the delightful cultural attractions of Quebec City and Montreal. On your way back to Toronto, be sure to stop at the Thousands Island region and relish in its beauty.

ITINERARY

DAY 1 ARRIVAL IN TORONTO

Arrive at Pearson International Airport in Toronto. Transfer independently to your downtown hotel. Pick up your Exotik Canada Roadbook at the front desk and check in. The remaining hours are yours to explore this cosmopolitan city. Enjoy the fine cuisine, varied nightlife and world-class shopping of Toronto.

Accommodation: Toronto for 2 nights

DAY 2 TORONTO

With the city at your feet, you can explore the many facets of this world-class destination. Toronto boasts a fascinating mix of multi-cultural neighbourhoods. From Chinatown to Little Italy, Greektown on the Danforth to Little Portugal, you'll discover a virtual world within one city. Some other highlights: the CN Tower and spectacular SkyDome, Ontario Place, the Hockey Hall of Fame, the Ontario Science Centre or the Royal Ontario Museum. Overnight in Toronto.

DAY 3 TORONTO - NIAGARA FALLS (128 KM)

Today's route leads south, skirting the Niagara Escarpment and traversing the orchards and vineyards of the Niagara Peninsula. You will discover the historic village of Niagara-on-the-Lake proudly displaying its 19-century heritage. Take some time to browse through the quaint shops and boutiques before continuing along the scenic Niagara Parkway to Niagara Falls.

Accommodation: Niagara Falls for 1 night

DAY 4 NIAGARA FALLS - KITCHENER (140 KM)

This charming rural region is not only home to the University of Waterloo, Wilfred Laurier University and Conestoga College, but welcomes over 600,000 visitors to its unique brand of Oktoberfest each year. Founded in 1784, Kitchener is the gateway to the Grand River Valley - world renowned for its natural beauty, and local watershed conservation areas, the valley offers over 30 miles of community trails for hiking, jogging, cycling, or bird watching.

Accommodation: Kitchener for 1 night

DAY 5 KITCHENER - MIDLAND (190 KM)

Travelling north to the shores of Georgian Bay, you'll venture into the heart of Central Ontario and the rural town of Midland - your gateway to the picturesque 30,000 islands. Founded by pioneering Jesuits, Midland offers visitors a rich diversity of historical and natural beauty to admire. Your day will be filled visiting Georgian Bay Islands National Park, Huronia Museum and Indian Village, Huronia Historical Parks Discovery Harbour, Wye Marsh Wildlife Centre and The Martyrs' Shrine.

Accommodation: Midland for 1 night

DAY 6 MIDLAND - PEMBROKE (345 KM)

Venturing further east today you'll enter the Pembroke / Ottawa Valley region. A multicultural mosaic of English, Scottish, Polish, Irish, German, Indian, French, Greek and Chinese settlers make this a fascinating city to explore. Take some time to explore the vast wilderness of Algonquin Provincial Park, renowned for its hiking trails and canoe routes that invite you to discover the diverse beauty of the area's flora and fauna.

Accommodation: Pembroke for 1 night

DAY 7 PEMBROKE - OTTAWA (147 KM)

Enjoy a scenic drive along the Quebec-Ontario border, and pass typical rural towns, such as Renfrew and Arnprior. Explore the capital region and the Parliament Buildings, or take a cruise on the Ottawa River.

Accommodation: Ottawa for 1 night

DAY 8 OTTAWA - TREMBLANT (153 KM)

Today your adventure will take a distinctly different turn. You'll head north into the Laurentian Mountains of Quebec. Visiting St. Jovite and Mont-Tremblant Park, Quebec's oldest provincial park, you'll uncover the scenic beauty that attracts travelers from around the world. Arrive at the luxury resort Tremblant, and stroll through the beautiful pedestrian village of Tremblant.

Accommodation: Tremblant for 2 nights

DAY 9 TREMBLANT

Leave the car behind today and enjoy all the resort has to offer. Tremblant is world-renowned as a four-season destination and you have a variety of options at your fingertips. You can rent a mountain bike and hit the mountain trails, or explore them on foot whilst keeping a lookout for resident wildlife. If golf is more to your liking, Tremblant has two challenging courses as well as the Tremblant Golf Academy. There is a beach club offering beach sports and a watersport centre renting inner tubes, wakeboards and boats such as canoes, kayaks and sailboats. To make your choices a little easier, Tremblant has an activity centre where you can gather ideas and be pointed in the activity direction you would like to take. Overnight in Tremblant.

DAY 10 TREMBLANT - QUEBEC CITY (368 KM)

A European adventure in Canada? Oui! Today you'll be entranced with Quebec City - Canada's oldest city and North America's cradle of French heritage. Don't miss a visit to The Fortifications, a historic national park, Place Royale, the Basilica, the dramatic shrine at Ste. Anne-de-Beaupre, Montmorency Falls and Ile d'Orleans.

Accommodation: Quebec City for 2 nights

DAY 11 QUEBEC CITY

Today is yours to discover what lies behind the impressive walls that surround Quebec City. The best way to see the numerous historic buildings and experience the city's unique French culture is by walking through the enchanting cobbled streets and narrow laneways. Overnight in Quebec City.

DAY 12 QUEBEC CITY - MONTREAL (256 KM)

This morning you will follow the St. Lawrence River southwest, your destination none other than the modern jewel of Quebecois renaissance - the thriving city of Montreal. You can spend the day creating your own urban adventure that includes Notre-Dame Basilica, Place d'Armes, rue St. Catherine, Old Montreal, the "underground city", Mont-Royal park, the Biodome de Montreal and Insectarium, Olympic Stadium, botanical gardens, Musee des Beaux Arts and Oratoire St. Joseph. Spend the evening exploring this cosmopolitan centre's bustling nightlife and gourmet restaurants.

Accommodation: Montreal for 1 night

DAY 13 MONTREAL - GANANOQUE (258 KM)

Departing from Montreal, you will drive west across the border into rural Ontario (no passport required!). On your way, you will be entering the beautiful Thousand Islands region, where forested islands lie amid tranquil lakes. Take to the water and step aboard a cruise to explore the magnificent scenery of the Thousand Islands. This wonderfully lush island landscape is dotted with luxurious cottages and vast estates. The cruise will take you past Boldt Castle, Zavikon Island and Millionaire's Row.

Accommodation: Gananoque for 1 night

DAY 14 GANANOQUE - TORONTO / END OF TOUR (289 KM)

Take a leisurely drive along Lake Ontario and return to Toronto's Pearson International Airport to check in for your return flight.



INCLUSIONS

- Accommodation for 13 nights
- Day 13, Rockport (May 1 - Sep 28) / Gananoque (Sep 29 - Oct 16) - 1-hour 1000 Islands cruise.
- A personalized Roadbook containing essential travel information featuring overview notes of the area of travel, local sightseeing and attractions, daily itinerary highlights, provincial maps with city guides, hotel vouchers and customized day-by-day routing maps.
- Provincial taxes and federal GST and/or HST
- Independent hiking

Not included

Flights · Airport transfers and other transfers · Car rental, Fuel for car, taxes and insurance · Meals · Gratuities · Beverages · Optional excursions and attractions unless otherwise specified

Price in CAD\$, per person starting from	Economy Land package				
Daily departure *	Twin	Single	Triple	Quad	Child (0-12)
July 1 st to July 29 th , 2020 August 3 rd to September 4 th , 2020	1819	3619	1329	1055	25
July 30 th to August 2 nd , 2020	1935	3839	1399	1109	25
September 5 th to 8 th , 2020 September 16 th to October 15 th , 2020	1699	3365	1259	999	25
September 9 th to 15 th , 2020	1809	3579	1329	1055	25

Price in CAD\$, per person starting from	Standard Land package				
Daily departure *	Twin	Single	Triple	Quad	Child (0-12)
July 1 st to July 29 th , 2020 August 2 nd to October 4 th , 2020	1889	3719	1445	1185	25
October 5 th to 7 th , 2020	2129	4215	1579	1275	25
July 30 th to August 1 st , 2020	2209	4375	1649	1325	25
October 8 th to 15 th , 2020	1755	3459	1335	1089	25

Price in CAD\$, per person starting from	Superior Land package				
Daily departure *	Twin	Single	Triple	Quad	Child (0-12)
October 5 th to 15 th , 2020	2179	4319	1609	1325	25
July 1 st to 22 nd , 2020 July 26 th , 2020 July 30 th to September 8 th , 2020 September 17 th to October 4 th , 2020	2349	4665	1725	1409	25
July 27 th to 29 th , 2020 September 13 th to 16 th , 2020	2729	5435	1975	1589	25
July 23 rd to 25 th , 2020 September 9 th to 12 th , 2020	2459	4889	1789	1455	25
*All categories:					
<ul style="list-style-type: none"> • Departures Jul 20 -22 are not available due to Osheaga Festival in Montreal • Departures Aug 13 -17 are not available due to Ironman in Tremblant. • Triple and Quad may receive 2 rooms at Marriott Residence Inn Tremblant. 					

Prices in this document are for information only; they were issued at press time, for the current year. Please note that due to exchange rates and temporary promotions, they can increase or decrease at any time. Contact your travel agent for the price and promotion of the moment.

Hotel Options or similar			
City	ECONOMY	STANDARD	SUPERIOR
Toronto	Holiday Inn Toronto Downtown Centre or Bond Place Hotel or Super 8 Hotel – Downtown Toronto	Chelsea Hotel or Courtyard By Marriott Downtown Toronto	Hotel Le Germain Toronto or Hilton Toronto
Niagara Falls	The Falls Hotel & Inn or Ramada Plaza Niagara Falls	Hilton Niagara Falls Fallsview Hotel & Suites or The Oakes Hotel Overlooking The Falls	Hilton Niagara Falls Fallsview Hotel & Suites or Doubletree Fallsview Resort & Spa By Hilton Niagara Falls
Kitchener	Quality Inn Kitchener or Crowne Plaza Kitchener-Waterloo Hotel	Quality Inn Kitchener or Crowne Plaza Kitchener- Waterloo Hotel	Quality Inn Kitchener or Crowne Plaza Kitchener-Waterloo Hotel
Midland	Quality Inn & Conference Centre Midland or Comfort Inn Midland	Quality Inn & Conference Centre Midland or Comfort Inn Midland	Quality Inn & Conference Centre Midland or Super 8 Midland
Pembroke	Best Western Pembroke Inn & Conference Centre or Comfort Inn Pembroke	Best Western Pembroke Inn & Conference Centre or Comfort Inn Pembroke	Best Western Pembroke Inn & Conference Centre or Comfort Inn Pembroke
Ottawa	Capital Hill Hotel & Suites or Travelodge Ottawa East	Lord Elgin Hotel or Four Points by Sheraton Gatineau-Ottawa	Delta Hotel by Marriott Ottawa City Centre or Lord Elgin Hotel
Tremblant	Les Suites Tremblant – La Tour Des Voyageurs or Marriott Residence Inn Tremblant	Holiday Inn Express & Suites Tremblant or Les Suites Tremblant - Le Lodge de la Montagne	Homewood Suites By Hilton or Les Suites Tremblant - Le Lodge de la Montagne
Quebec City	Hotel Ambassadeur or Super 8 Sainte-Foy	Hotel Universel Sainte-Foy or Travelodge Quebec	Hotel Chateau Laurier Quebec or Hotel Le Concorde Quebec or Delta Hotels by Marriott Quebec
Montreal	Les Suites Labelle or Travelodge Montreal Centre	Best Western Ville Marie Hotel And Suites or Hotel Place Dupuis Montreal Downtown	Delta Hotels by Marriott Montreal or Marriott Chateau Champlain
Guananoque	Colonial Resort & Spa or Comfort Inn & Suites Thousand Island Harbour District	Country Squire Resort or Comfort Inn & Suites Thousand Island Harbour District	Comfort Inn & Suites Thousand Island Harbour District or Country Squire Resort