

Rome & Sorrento - Long Stay Italy - March 2021



Summary

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Departure: March 5th / return : March 24th
20 days/ 19 nights from \$1850**

INCLUSIONS

5 nights Rome 3 Bled Roma before and after the Stay in Sorrento*
*14 nights Grand Hotel Flora Sorrento 4**
All the transfers
The services of our representative in Sorrento.



Package: Rome 5 nights + Sorrento 14 nights



Departures:

March 5th to March 24th - 19 nights from \$1850

- 3 nights in Rome at Bled hotel 3* with daily breakfast
- 14 nights in Sorrento at Grand Hotel Flora 4* with daily breakfast
- 2 nights in Rome at Bled hotel 3* with daily breakfast



EXOTIK JOURNEYS

All the transfers included

Price per person in double occupancy in \$ CAD in standard rooms	\$1850
Single supplement:	+1000 – quantity limited
Supplement for superior room at the Grand Flora Hotel Sorrento	+\$500 in double
Add to your stay the <u>2-excursion package in Rome on March 6th and March 7th including an half day Coliseum Rome Tour and a half day Vatican tour</u>	+\$180

**Add extra services: some nights in Florence or Venice , and flights - supplements on request
Contact your travel agent !**

*Prices in this document are for information only; they were issued at press time, for the current year. Please note that due to exchange rates and temporary promotions, they can increase or decrease at any time. Contact your travel agent for the price and promotion of the moment.

Possibility to add an international flight to this package.

Available from any Canadian departure city -Ask your Travel agent for price of the day.

Inclusions

Not included:

Flights(on request or can be added later) , lunch or dinner, gratuities to drivers, guides, tour leaders, local representatives, optional excursions, travel insurance, seat selection, the Italian touristic tax (approx. 25€ payable at destination), all other items not mentioned in the present itinerary or vouchers.

IMPORTANT NOTES:

English and French Canadians can constitute this group. Optional excursions can be bilingual. **Hotel Grand Flora is a 4* European comparable to a 3* North American.** Like many hotels in Sorrento, the rooms are small but very well located, on the main street, near restaurants, city center, train station, etc. Many activities are possible, via optional excursions or via public transportation (train, buses) or by renting a car. For full terms and conditions click [here](#).

HOTEL BLED 3*

(NEWLY REFURBISHED 2021)

Hotel Bled is a small hotel set in a beautiful and elegant classic style villa in a green area of **Rome**. Located in a quiet position, this 3 star hotel is not far from **San Giovanni in Laterano Basilica** and the **Coliseum**. Also the historical and archaeological center of the city is easily reachable thanks to the underground station and the many line buses close to the Hotel.





GRAND HOTEL FLORA SORRENTO for 14 nights



The Grand Hotel Flora Sorrento is centrally located, along the main street of the city.

This charming hotel in Sorrento has a wonderful outdoor swimming pool (April to October) of fresh water which is further enhanced by services provided by a snack bar and the presence of a large and pleasant solarium.

The hotel is ready to provide every comfort for their customers who want a relaxing holiday in a four-star hotel, for a holiday in Sorrento.

The hotel pays special attention to every aspect of the food & beverage.



The attention paid to the culinary aspect is combined with the scenic context of this establishment. The restaurant is located on the top floor of the hotel, offering spectacular views of the Amalfi coast.



Services

*The attention to detail and the elegance of its rooms make your stay special and unique. Courtesy, professional, service... all in one 4-star hotel, the **Grand Hotel Flora** is the perfect hotel for your holidays in Sorrento!*



Standard Room – Room with balcony overlooking the street -max occupation 3 people.

Superior Room – Room with balcony and view over swimming pool or lateral sea view – max occupation 2 people.

All rooms are furnished in a classical style and are all equipped with: private bathroom / air conditioning / flat screen TV /satellite TV / Wi-fi / telephone / radio / minibar / safe / hairdryer. Safety box is free in the room and Wi-Fi can be added in the room with a supplement (\$) but is available and free in certain common areas of the hotel.





SORRENTO is a busy town but can be quiet during low season (November to March). Travelers from all around the world choose this area because they can walk to Sorrento's city center and enjoy its boutiques, restaurants, magnificent sceneries and the possibility to travel by their own or buying excursions to the Amalfi coast.

General comments from our last clients that stayed there in the last few years : Hotel Flora is very well located near the city center. As a 4* European hotel, it is similar to a basic 3* for us, Canadians. The standard rooms are European size and the style is "Italian vintage" (small rooms with massive furniture). The experience: The staff is friendly, the breakfast included is continental and the daily dinners (not included) can be taken at the hotel main restaurant for approx 15-20 Euros per person for a 3-course meal. There are so many good, nice and cheap restaurants around the hotel and along the way to the city center that we recommend not to take all the dinners at the hotel's restaurant. At the bar, you can enjoy nice "Happy hour": approx 3 € for a beer or a glass of wine. If you book with a group, Happy hour is a good time to meet with the local representative. The hotel is a nice 1.5 KM walk from the main square and the train station.



Long Stay in Sorrento

Sorrento is wonderfully located over white steep cliffs and offers a fantastic view over the Bay of Naples. Sorrento lies on a Tufa terrace and is enclosed by impressive rocks of the Limestone Mountains. For 2000 years already visitors from all over the world have been attracted to Sorrento by breathtaking sunsets and fragrances of orange and lemon gardens.

Sorrento and the Amalfi coast are well known for its splendid big lemons. Typical products from Sorrento are produced with these "Limoni": Limoncello, a very tasty lemon liqueur, lemon chocolate, colorful ceramic articles with lemon motives or lemon soap. One should also try the over 70 different ice cream flavors of Gelateria Bougainvillea. One is tempted to shop by the small street Via S. Cesareo, the heart of Sorrento. In addition to this there is the weekly market that takes place on Tuesdays, where one can buy real bargains.

Sorrento is also very popular due to its good location as starting point to all the important surrounding sights. The summit of the peninsula of Sorrento is only about 5 km away from Capri, which can be easily reached from the Harbor Marina Piccola. Also Ischia and Procida, of which the silhouettes can be seen on clear days, can be reached very quickly per speedboat. Sorrento is also the terminus of the Circumvesuviana, a small train with its start in Naples. One can reach Pompeii and Herkulaneum by this rail in about thirty minutes and Naples in circa one hour's time.

The good location of Sorrento unfortunately also leads to heavy traffic in the narrow streets of the town. Relaxation and silence can presently still be found in the gardens and private beaches of the hotels, the orange grove of the museum or the monastery garden. Sorrento is recommendable as a tourist destination or a starting point for sightseeing of every kind, however it is less recommendable for a pure swimming or recuperation holiday.

Sorrento and its wonderful Peninsula are ideal for those wishing to visit a city full of art in the midst of beautiful scenery of sea and mountains.

From the Grand Hotel Flora, you will arrive in Piazza Tasso, within a five minute walk, and it is the center of Sorrento, where you can see the monument Tasso and the statue of Sant'Antonino Abbate, the Church del Carmine and the facade of the House in Veniero of a Sicilian-Norman style and the Palazzo Correale. From here you can choose restaurants, shop and many small boutiques. We then continue to the main street of Sorrento, where you can see the Duomo with its Romanesque facade. Here you can see the paintings of Horace and Nicola Malinconico – Giacomo Del Po and Silvestro Buono. Below the seat Dominova, loggia of the fifteenth century, with a dome and majolica tiles of the '600. The old town still shows the layout of Roman origin and is surrounded by sixteenth century walls. Sorrento was Episcopalian, and in the sixteenth and seventeenth century was a victim of the assaults of the Saracens of which traces are still present and found in the towers of the coast.

The most interesting monuments to visit in Sorrento are certainly the Cathedral, built in the fifteenth century and the church of St. Francis of Assisi with the cloister.

At the Correale Museum are exhibited collections of Greek and Roman artefacts and Capodimonte porcelain. It is also worth visiting the museum shop of Tarsia-Ligneia where you can admire the best pieces of inlaid wood, one of the typical craft of Sorrento.

Sorrento is not just a place full of history, but also a place to enjoy just by walking through the alleys of the historical center with local shops and typical restaurants.

Some of Sorrento's typical products are Limoncello of Sorrento peninsula, the DOP olive oil and mozzarella or provolone from Del Monaco Agerola.

Find in the below web address: more information on Sorrento, the restaurants, the museums, pedestrian paths, eating tips, things to do and more.

We suggest you to print interesting information, maps, list of museums according to your taste and budget before you leave Canada. Please visit: www.sorrentotourism.com/en



Visit the Amalfi Coast by bus with the locals

Sorrento – Amalfi

The bus service is carried out by the company Sita Sud, the departure is from Piazza Giovanni Battista De Curtis in Sorrento, near the station of [Circumvesuviana](#) of Sorrento. The ride lasts about an hour and a half and the cost of the ticket is of €6.80.

Sorrento is not known for its beaches. It sits on a cliff top, above the shore. The nearest sandy beach to the harbour is the small Marina Piccola, which is reached by steps or a lift. The other sandy beach is Marina Grande, around 15 minutes walk from the town centre. The most attractive beach is Punto del Capo, further south. It is reached from the centre of town by following Via del Capo, though it is best to take a bus.

Trains

Naples to Sorrento is very easy to find as it is Capolinea, means the train ends and starts in Sorrento (from/to Naples). The trip takes approximately 1h15min. The trains from Sorrento to Naples run more or less, every 30 minutes and it's pretty . There are 2 types of trains: Diretto and Diretissimo. Please note the train stations and the city of Naples are known for pick pockets. In order to travel safely, please do not bring jewels and large amount of money.

Car rental

Ask the representative to rent a car for a few days. You can share it with other passengers of the group and travel together on the Amalfi Coast.

OPTIONAL EXCURSIONS DURING THE STAY IN ROME

You can pre book the Rome excursion via your travel agent prior to departure. The excursions are bilingual except if we reach 30 participants.

Package price for 2 excursions : +\$175

March 6th Tour 2 Archaeological Wonders of Rome (AM)

TOUR 2C AM Archaeological Wonders of Rome

- SKIP THE LINE!
- GROUP MAX. 30 PARTICIPANTS

Audio headsets so you don't miss a single detail of our local expert guide!

Colosseum, Roman Forum and Palatine Hill

The Ancient Romans didn't like to stay in bed in the morning. Actually, they were suspicious of those who opted for a lie in and typically woke up at sunrise or earlier, then headed to the Forum and got to do business. If you're an early bird like them, come and join us on this tour of Rome's archaeological area: accompanied by a professional guide who'll provide you with a pocket audio receiver and earphones, you'll have the chance to access the Coliseum skipping the usually long line.

The Flavian Amphitheater stood the test of time and stayed pretty much intact: you'll get to know more about the way Romans used to enjoy their leisure hours while walking inside the original places where they used to watch gladiatorial or animal fights.

You'll reach the Palatine Hill, the place where Rome was founded more than 2772 years ago by the legendary twin brothers Romulus and Remus and you'll stroll around the Roman Forum, the pulsating heart of ancient Roman life: let your guide tell you everything about those days and take you on a travel through time.

Finding us is easy: come at our designated meeting point.

Where

Colosseum (visit inside) / Roman Forum (visit inside) / Palatine Hill (visit inside)

Includes

Entrance tickets with no line / Professional guide / Headsets

Meeting Point C

H.09:15 am Arch of Constantine - Look for our Staff with our pink logo I Love Rome

Departures: Daily at 9:30 am **Duration:** 3 hours approx.

March 7th Vatican Museums & Saint Peter's Basilica

The tour begins by coach passing through Piazza della Repubblica with the Fountain of the Nayads and following the ancient Aurelian walls which once surrounded the ancient city. From Piazza del Popolo where you will see an Egyptian obelisk dating back to the time of Ramses II. Finally, on arrival at the Vatican Walls, your guide will then lead you into the Vatican Museums* taking the beautiful Spiral staircase and continuing through the Gallery of the Tapestries and the Gallery of the Geographical. Maps before arriving in the famous Sistine Chapel with its magnificent fresco of the Last Judgment by Michelangelo. at the end of the tour time free to visit the St. Peter's Basilica. No drop-off at the hotels but in the city centre.

Duration: 4 hours approx.

OPTIONAL EXCURSIONS FROM SORRENTO

Upon your arrival in Sorrento, our representative will explain all the excursions and you will then be able to register at destination. The excursion prices can change according to the number of participants.

Capri and Anacapri (8h)

A full day guided tour of the elegant Capri centre, the Faraglioni rocks and much more! Discover Anacapri, with its breathtaking views and its beauties. No holiday would be complete without a trip to the evocative island of Capri. Upon arrival in Capri, we will start the guided tour of the island by private minibus. We will then stop at Anacapri for the visit of Villa St Michele, built by the Swedish doctor and writer Axel Munthe on the remains of Roman ruins. This Villa is offering a wonderful view of the island from its beautiful shady garden. From the Chapel St Michele's terrace, you will also enjoy a beautiful view of the sea. Then we will continue to Capri town centre: the centre of this small city is the main square better known as 'la Piazzetta', filled with sidewalk cafes. Do not miss the most exclusive boutiques and shops! Not very far there is the old city made of lanes, quarters. We will then visit to the Garden of Augustus and have some free time for shopping or sample to stroll in the area.

(The price based on a minimum of 25 participants: 88 Euros)

Vesuvio & wine tasting (7h)

The beautiful hacienda we have selected for the wine tasting, lies just down the Vesuvius, offering breathtaking views over the Volcano and the surroundings till the sea. Introduction to the Volcanic wines, the story of the wine cellar and the legends about Lacryma Christy. We will visit the vineyards and learn about the grapes growing methods. After the visit, we will stop at the *casolare* for a wine tasting and a country lunch cooked with local specialties.

In the afternoon, a walking tour up to the crater is scheduled: The bus stops at 1000 mt then we will continue on foot if you wish get the top of the volcano and enjoy a unique view on the Gulf of Naples and Sorrento peninsula (the complete visit will take ~1 h20). This excursion includes a visit to the farm and lunch tasting. Sample menu: Homemade bread, Vesuvius tomatoes and Donnangela oil . Lacrya Cristi Vesuvius wine (white) with Pasta of Gragnano ; wine Lacryma Cristi Vesuvius (red) with selection of salami and cheeses, seasonal vegetables. Passito Fior of Ginestre (white wine for dessert) with the dessert of the house.

(The price based on a minimum of 25 participants: 69 Euros)



Pompeii and Vesuvius (7h)

Departure to Pompeii, one of the most important archaeological sites in the world, the roman city buried by the eruption of Vesuvius in 79 A.D. Visit to the archaeological site: with its excavated area, extending for approximately 44 ha. Pompeii can be considered the only archaeological site which gives the real image of roman city. In the afternoon the excursion goes on with the visit of Vesuvius. The bus stops at 1000 mt then we will continue on foot if you wish get the top of the volcano and enjoy a unique view on the Gulf of Naples and Sorrento peninsula. *(The price based on a minimum of 25 participants: 44 Euros)*



Paestum & mozzarella making (9h)

Depart to Paestum and witness how artisans make mozzarella cheese from water buffalo milk. The first stop will be a visit to a cheese farmhouse, where you will see how buffalo mozzarella is made (including the tasting of a bite-size); the yogurt making; buffalo-rearing; visit to the farming museum and leather-shop. We will then drive to the archeological site of Paestum and enjoy a guided tour to the magnificent 5th and 6th century B.C. Greek temples, some of the best preserved in the world. Visit the museum with sculptures, wall paintings, pottery and history of Paestum. *(The price based on a minimum of 25 participants: 47 Euros)*

Amalfi Coast: Positano / Amalfi / Ravello (8h)

A full day tour spent on the Amalfi Coast: Visit the chic Positano, the historical Amalfi and the elegant Ravello. The tour starts with Positano where we will have some time to stroll around and discover the tiny shops and the atmosphere of this remarkable village. One of the most visited place from worldwide tourists. Our tour continues to Amalfi, the ancient maritime republic with Roman origins. Admire the stunning cathedral of St Andrews, walking through the downtown with its beautiful stores and cafes. In the afternoon we reach Ravello the city of music where Wagner composed the last part of its "Parsifal, a gorgeous little town famous for its spectacular views and its two fabulous villas; Villa Rufolo and Villa Cimbrone. *(The price based on a minimum of 25 participants: 55 Euros)*

Naples (7h)

Discovery the mythical city of Naples. Upon arrival in Naples, we will tour the city with a local specialized guide, partly on foot and partly by bus. During the panoramic tour you will see San Carlo Opera House, the Piazza del Plebiscito, the beautiful facade of the Royal Palace, the port of Santa Lucia Castel dell'Ovo....and we will make a stop at Posillipo to explore the ancient Greek-Roman city. In the afternoon we will visit of the National Archeological Museum displaying items from all the important excavation sites in the region including the mosaics of Pompeii.



(The price based on a minimum of 25 participants: 44 Euros)

**All entrance fees to be paid locally*
Amounts will be given locally*

*Prices are based on a minimum of 25 people.
Prices can change if less passengers than the minimum required.*

To book an optional excursion, please advise the representative

