

**PERU GASTRONOMIC ADVENTURE**  
**8 DAYS / 7 NIGHTS**



## ITINERARY

### DAY 1 LIMA

Upon arrival, on the first day of your trip to Peru, you will be welcomed by our local representative at Lima airport and transferred to the selected hotel. After check in you will have a briefing in which you will be handed your "Travel kit" which includes all your travel documents such as itinerary, flight, train and bus tickets, and hotel information.

Accommodation: Lima for 2 nights

### DAY 2 LIMA

In the morning, you will be picked up from your hotel to begin your visit to colonial Lima. This tour will show you the flavor of this cosmopolitan and big city. Lima is a millenary city with constructions in the middle of the modern areas dating more than 2,000 years back. You will observe just one out of almost 200 of this. You will go to the Historic Center visiting Av. Arequipa, the most elegant avenue during the early years of our independence.

Once we arrive, you will visit the Bodega & Quadra Museum, a house containing the remains of the wall protecting Lima built on the XVII century, to learn why Peruvian cuisine is one of the best ones in the world. Afterwards, you will visit the "Convent of Santo Domingo" (circa 16th century), one of the best-preserved monasteries in the whole city of Lima, where you will be able to see the old Lima, from its tower. Observe the change of guards at around midday. Afterwards, you will have a panoramic view of the Main Square with the Government Palace (changing of the guard show), the Cathedral, the Municipal Hall, the "Desamparados" Train Station, and finally you will drive through the old streets, where you will have a spectacular view of traditional mansions and Moorish style balconies. Return to hotel.

In the afternoon, at 16:15 pm, you will be pick up from your hotel and transferred to do the food tour & the culinary experience. This is the perfect way to explore a city that has been declared the World's Leading Culinary Destination for the past seven years. You will fall in love with Lima immediately on the proven gourmet routes that combine pleasant lima walking tours of charming districts and culinary experiences at award-winning Peruvian restaurants.

You will enjoy of the ultimate Lima food and city tour. It includes exclusive restaurants, trendy districts, top must-see attractions and hands-on activities. Make the most out of Lima in one day. Enjoy 5 stops spread between 3 districts that include a visit to an organic, Peruvian coffee roasterie, and an exotic fruit tasting and tour at a local upscale market. Have fun with a pisco tasting, hands-on cocktail class and cebiche class with a professional chef and end the day with a gourmet lunch and dessert at a top restaurant in Lima with views of pre-Incan ruins. (B/D)

### DAY 3 LIMA · CUSCO

At coordinated time, you will be transferred to Lima Airport to board your flight to Cusco. Upon arrival, reception and transfer to your hotel. In the afternoon, you will visit Cusco's Historical Inca and Spanish Colonial Monuments, such as the Main Square, known in Inca times as Huacaypata or the Warrior's Square, it was the scene for many key events in Cusco's history. The Cathedral, originally built on the site of the old temple of Suntur Wasi (House of God), now the church of El Triunfo, a particular interest are the choir cloisters, the pulpit, the engravings on the altar and furniture.

You will continue onto the Church and Convent of Santo Domingo, a Spanish construction belonging to the Dominican Order built upon the foundations of the Inca temple of Koricancha or Temple of the Sun. Koricancha (in quechua, site of gold) was the main religious building of the Incas dedicated to the worship of

the Sun and whose walls, according to the chroniclers, were plated with sheets of gold. Magnificent blocks of finely carved stone were used in its construction.

After, you will visit the surrounding ruins of the city of Cusco: Sacsayhuamán, this huge Inca fortress is built on three overlapping platforms, each of them over 360 m long. Then you will visit Tambomachay, known as the Inca baths. It was apparently a site dedicated to the worship of water and a resting place for the Inca monarch. Kenko, it is said to have been a worship site. There is a huge 5, 9 m high stone block that looks like a puma. There are also passages, canals and stairways with stone engravings representing animals. Finally, Puca Pucará, which was an administrative and military centre formed by terraces, stairways, passages, turrets and vaulted niches. Return to your hotel. (B)

Accommodation: Cusco for 2nights

#### **DAY 4 CUSCO**

In the morning you will be transferred to San Pedro local market to begin your Culinary Experience, you will purchase the ingredients and learn the variety of our products. You will be instructed in the trained preparation of typical Peruvian dishes. Chef will prepare three representative dishes of Peruvian cuisine with a brief explanation of the inputs used and explaining step by step cutting techniques, mixing, stir. You will also have the opportunity to taste the prepared dishes. The rest of the day is at leisure to explore the city by your own. Tonight's dinner is by your own. We will provide you our selected list of restaurant to continue with your culinary experience in Peru. (B/L)

#### **DAY 5 CUSCO · SACRED VALLEY**

This day you will visit a traditional workshop that elaborates chicha, ancient drink of fermented corn, which was used by the ancient Peruvians and the Incas for their ritual ceremonies. This traditional "chicheria" will open its doors to you in order to know much more of the process of preparation, fermentation and conservation of this typical drink. This process has been inherited and kept during generations for the members of the family that will receive us.

After this experience, you will depart to Chinchero, whose church was built on Inca temples and palaces. You will also visit one of its dye and fabric workshops, and then travel to Moray. On route, you will appreciate the Andean landscape and daily life in the countryside. You will make a brief stop at a place called Qorimarca to observe the eastern chain of the Andes. Then you will pass through one side of the lagoon Piuray. The guide will explain the geology of this area and cultural aspects related to agriculture, handicrafts, health, education and local traditions. Visit the famous circular terraces of Moray; your guide will give a presentation on their role in Inca times. Then, you will continue through the town of Maras. Brief visit through the main street of the colonial town of Maras to observe the lintels of the front doors decorated with baroque motifs and heraldic shields of the families of that time. Continue to the salt mines, where you will enjoy a light snack. From the hill you will have a first view of the more than 2000 wells of crystallization. The guide will give you an explanation of the work system, its history and type of salt produced in the place. Finally, you will be transferred to your hotel in Sacred Valley where you will spend the night. Tonight's dinner will be by your own. We can recommend selected restaurants to enjoy the local cuisine. (B/L)

Accommodation: Sacred Valley

#### **DAY 6 SACRED VALLEY · MACHU PICCHU**

At a coordinated time transfer from your hotel to the train station to board the First Class Train to Machu Picchu, a great World Heritage Site. This archaeological site was hidden for centuries, until it came to light

during the early 1900s, by the famous discoverer Hiram Bingham. It is impossible to describe in words, how you will feel when faced with the citadel, a huge complex located between the mountains and the jungle and a wonderful challenge to your imagination. Lunch on board. Upon arrival at Aguas Calientes, reception at the train station and transfer uphill to Machu Picchu (approximately 30 minutes).

On arrival to Machu Picchu you will begin your tour of the Citadel where you will appreciate the history of this enigmatic and impressive place. The citadel was built on a very special spot covered in vegetation between two mountains: the Machu Picchu (old mountain) and Huayna Picchu (young mountain), at the foot of which meanders the Urubamba or Vilcanota River (lower Jungle featuring abundant flora and fauna).

Then if you would like could hike to “Inca Bridge”, the entire trail is built into the cliffs on the western approach to Machu Picchu, snaking impressively along the side of a sheer mountainside. Most of the narrow path is in a state of disrepair and is not accessible. But the last part, which leads into Machu Picchu, has been restored, along with the so-called Inca Bridge — a 20-foot gap in the trail spanned by four or five planks of wood. In the afternoon, you will return to hotel in Aguas Calientes. Enjoy the facilities of the hotel. Dinner is included at the hotel. Overnight. (B/L/D)

Accommodation: Aguas Calientes

#### **DAY 7 MACHU PICCHU · CUSCO**

Today, you will have a second opportunity to visit the ruins of Machu Picchu and walk through the Sun Gate and admire the citadel from the top.

You can also walk towards the Sanctuary to the starting point to climb up the Huayna Picchu Mountain (for those who would like to visit/climb) it is important an early morning rise to take the shuttle bus to the archaeological site of Machu Picchu as only a limited number of visitors per day are allowed.

The climb to the peak takes about an hour for a person of an average fitness level; the climb is on a steep rock staircase with great views throughout the journey. There are cables attached to the rock in many places to help the climber and there are places to step aside to catch your breath and enjoy the view. To reach the very top you must climb through a very narrow tunnel, through the rock, on your hands and knees, it will be challenging but the effort will be worth it once you get to the top.

In the afternoon, you will board your train back to Poroy station. Upon arrival, reception and transfer to your hotel in Cusco. (B)

Accommodation: Cusco

#### **DAY 8 CUSCO · LIMA**

At a coordinated time transfer to the airport to take your flight to Lima and connect with your international flight. (B)

### **INCLUSIONS**

- Accommodation for 7 nights in double occupancy
- Meals: 7 breakfasts, 3 lunches, 2 dinners
- Domestic flights
- Roundtrip transfers
- Meet and greet by our representatives
- Return first class train to Machu Picchu
- Visits as per itinerary
- English speaking local guides
- Taxes and fees

**Not included:**

International airfare • beverages • gratuities.

Hotel Options or similar	
City	
Lima	Inside By Melia 3*
Cusco	Casa San Blas 3*
Sacred Valley	Aranwa Valle Sagrado Hotel 4*
Aguas Caliente	Inkaterra Machu Picchu Pueblo 5*

Price in CAD\$, per person starting from, double occupancy	Land package	Land package
Daily Departures	Regular	Private
February 1 - December 23, 2020	<b>3879</b>	<b>4199</b>
Single room supplement, or single passenger	On request	
<b>Note: Seasonal surcharges may apply</b> <b>Regular: Transfers and excursions in a group</b> <b>Private: Transfers and excursions in private</b>		

\*\*Prices in this document are for information only; they were issued at press time for the current year. Please note that due to exchange rates and temporary promotions, they can increase or decrease anytime. Contact your travel agent for the price and promotion of the moment.

