

PERU GASTRONOMIC ADVENTURE
8 DAYS / 7 NIGHTS



ITINERARY

DAY 1 LIMA

Upon arrival, on the first day of your trip to Peru, you will be welcomed by our local representative at Lima airport and transferred to the selected hotel. After check in you will have a briefing in which you will be handed your “Travel kit” which includes all your travel documents such as itinerary, flight, train and bus tickets, and hotel information.

Accommodation: Lima for 2 nights

DAY 2 LIMA

In the morning, you will be picked up from your hotel to begin your visit to the modern and colonial parts of Lima, known as The City of Kings, starting at the districts of Miraflores and San Isidro, passing by a pre-Inca sacred place, before heading to the Historic Center. There, you will explore some of the most historically important streets of the city, leading to the Plaza de Armas, where you will have some time to take pictures of the amazing colonial architecture that surrounds it. Then you will visit the impressive Convent of Santo Domingo, an astonishing building with colonial style. After exploring the Historical Center, you will head towards modern Miraflores to make a stop at the Parque del Amor, from where you can take beautiful photographs of the Lima bay area.

In the afternoon, at 16:30hrs, you will be pick up from your hotel and four districts, engaging in different activities that will help you discover the best of Lima: Miraflores, Barranco, Chorrillos and San Isidro. First, you will participate in a pisco sour tasting guided by a professional bartender, while you enjoy the beautiful scenery of the coast of Lima. Drinks will be complemented with gourmet Amazonian appetizers, as well as a special pisco made with exotic jungle fruit. You will also prepare an Amazonian ceviche with the most high-quality ingredients. Enjoy an exquisite dinner among beautifully lit pre-Incan ruins at the Huaca Pucllana and have a taste of a delicious Peruvian dessert in the bohemian district of Barranco. On your tour, you will visit emblematic places like the Bridge of Sighs, Kennedy Park and the Olivar Park. (B/D)

DAY 3 LIMA · CUSCO

At coordinated time, you will be transferred to Lima Airport to board your flight to Cusco. Upon arrival, reception and transfer to your hotel.

In the afternoon, you will visit the city of Cusco, a UNESCO World Cultural Heritage site and possessor of a style all its own. The tour begins at the Koricancha Temple, an old Incan palace and main center for the worship of the sun god, Inti. Once the Spanish conquered Peru, the Dominican order built a church over this temple’s foundations: the Temple of Santo Domingo. Your next destination is the Main Square, then the adventure continues at the Sacsayhuaman Fortress built of enormous stone blocks expertly shaped by the Incas. The tour continues with visits to three archaeological sites: Kenko and Tambomachay, important religious and administrative centers for the Incas. We will close the tour with a visit to the San Blas neighborhood, famous for its artisans. Return to your hotel. (B)

Accommodation: Cusco for 2 nights

DAY 4 CUSCO

In the morning your adventure will begin with a short walk through the traditional San Pedro Market, where you will appreciate ingredients from around the area and will talk to local suppliers. Then you will begin with the class, which includes the preparation of an entrée, a main course and a Pisco Sour. This fun activity will give you the chance of learning some more about Peruvian gastronomy. Finally, you will try all the food that has been prepared during the class. The rest of the day is at leisure to explore the city by your own. Tonight’s

dinner is by your own. We will provide you our selected list of restaurants to continue with your culinary experience in Peru. (B/L)

DAY 5 CUSCO · SACRED VALLEY

Visit Chinchero, a small picturesque Andean village. Enter the home of a textile artisan, where you will see some of his original work and learn about his techniques, as well as his creative process. Then visit its important Inca ruins dating back to the end of the 15th century, as well as you can observe in a panoramic way its beautiful and traditional church. Afterwards, on the road to Ollantaytambo, you will stop at a viewpoint, for one of the best views of the Sacred Valley. Lunch will be served at a local restaurant. Then it is on to Ollantaytambo, one of the most representative building complexes of the Inca Empire and site of one of the Spanish Conquistadors' rare strategic defeats. Famous for its terraced fields, Ollantaytambo was a very effective fortress and also a religious center. (B/L)

Accommodation: Sacred Valley for 1 night

DAY 6 SACRED VALLEY · MACHU PICCHU

At a coordinated time, transfer from your hotel to Ollantaytambo train station to board the First Class Train to Machu Picchu, a great World Heritage Site. This archaeological site was hidden for centuries, until it came to light during the early 1900s, by the famous discoverer Hiram Bingham. It is impossible to describe in words, how you will feel when faced with the citadel, a huge complex located between the mountains and the jungle and a wonderful challenge to your imagination. Lunch on board. Upon arrival at Aguas Calientes, reception at the train station and transfer uphill to Machu Picchu (approximately 30 minutes). On arrival to Machu Picchu you will begin your tour of the Citadel where you will appreciate the history of this enigmatic and impressive place. The citadel was built on a very special spot covered in vegetation between two mountains: the Machu Picchu (old mountain) and Huayna Picchu (young mountain), at the foot of which meanders the Urubamba or Vilcanota River (lower Jungle featuring abundant flora and fauna). Then if you would like could hike to "Inca Bridge", the entire trail is built into the cliffs on the western approach to Machu Picchu, snaking impressively along the side of a sheer mountainside. Most of the narrow path is in a state of disrepair and is not accessible. But the last part, which leads into Machu Picchu, has been restored, along with the so-called Inca Bridge — a 20-foot gap in the trail spanned by four or five planks of wood. In the afternoon, you will return to hotel in Aguas Calientes. Enjoy the facilities of the hotel. Dinner is included at the hotel. Overnight. (B/L/D)

Accommodation: Aguas Calientes for 1 night

DAY 7 MACHU PICCHU · CUSCO

Today, you will have a second opportunity to visit the ruins of Machu Picchu and walk through the Sun Gate and admire the citadel from the top.

You can also walk towards the Sanctuary to the starting point to climb up the Huayna Picchu Mountain (for those who would like to visit/climb) it is important an early morning rise to take the shuttle bus to the archaeological site of Machu Picchu as only a limited number of visitors per day are allowed.

The climb to the peak takes about an hour for a person of an average fitness level; the climb is on a steep rock staircase with great views throughout the journey. There are cables attached to the rock in many places to help the climber and there are places to step aside to catch your breath and enjoy the view. To reach the very top you must climb through a very narrow tunnel, through the rock, on your hands and knees, it will be challenging but the effort will be worth it once you get to the top.

In the afternoon, you will board your train back to Cusco. Upon arrival, reception and transfer to your hotel in Cusco. (B)

Accommodation: Cusco for 1 night

DAY 8 CUSCO · LIMA

At a coordinated time, transfer to the airport to take your flight to Lima and connect with your international flight. (B)

INCLUSIONS

- Accommodation for 7 nights in double occupancy
- Meals: 7 breakfasts, 3 lunches, 2 dinners
- Roundtrip transfers
- Meet and greet by our representatives
- First class train to Machu Picchu and 360° train back to Cusco.
- Visits as per itinerary
- English speaking local guides
- Cooking classes
- Taxes and fees

Not included: International airfare · beverages · gratuities.

Hotel Options or similar	
City	
Lima	Four Points by Sheraton3*
Cusco	Casa San Blas 3*
Sacred Valley	Inkaterra Urubamba 4*
Aguas Caliente	Inkaterra Machu Picchu Pueblo 5*

Price in CAD\$, per person starting from, double occupancy	Land package	Land package
Daily Departures	Regular	Private
January 2nd - December 23, 2021	2899	3199
Single room supplement, or single passenger	On request	
Note: Seasonal surcharges may apply Regular: Transfers and excursions in a group Private: Transfers and excursions in private		

**Prices in this document are for information only; they were issued at press time for the current year. Please note that due to exchange rates and temporary promotions, they can increase or decrease anytime. Contact your travel agent for the price and promotion of the moment.

